

HBU | Bradshaw Fitness Center

Bradshaw Fitness Center Open House

July 17th-21st

For incoming HBU Students and their family!*

PRINT this pass to get access to the BFC all week!

Price: FREE

Open Hours: 5am-10pm

www.hbufit.org

Check out the BFC, an 80,000-square-foot facility, which houses all your needs to develop your overall physical wellbeing. As a student, the facility is free to use beginning the first day of classes. Take advantage of this opportunity to preview the space before then!

CrossFit Altus will be available for people to try for FREE on Wed, July 19th and Friday July 21st at 3:30pm. Please email Coach Dane at dyelovich@hbu.edu to RSVP for a class. More information about CrossFit Altus can be found at www.crossfitaltus.com.

For more information please call 281-649-6504

**Guest must be 18 years or older.*

**Guests must complete a liability form before participating in activities at the BFC, provided at the front desk.*

**Students must bring their HBU ID card or their H number.*

**Guest must bring photo identification.*